Types of FREE Benefits you may enroll in:

**Transitioning Youth Health Care Directory Guide**

This directory provides parents and professionals website links and phone numbers to health organizations, service providers agencies and local disability support groups.

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**BEHAVIORAL SUPPORT**

**MD Autism Waiver**


**Pathfinders for Autism**

pathfindersforautism.org
443.330.5341

**DAY HABILITATION SUPPORT**

**Developmental Disability Administration**

https://dda.health.maryland.gov/Pages/home.aspx

**Behavioral Support**

MD Autism Waiver


Pathfinders for Autism

pathfindersforautism.org
443.330.5341

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**HABILITATION SUPPORT SERVICES**

**MD Brain Injury Waiver**

https://aging.maryland.gov/accesspoint/Pages/Waiver-for-Individuals-with-Brain-Injury.aspx

**Community First Choice Waiver**

https://mmcp.health.maryland.gov/longtermcare/Pages/Community-First-Choice.aspx

**Home & Community-Based Options Waiver**


**HEALTH BENEFITS**

**The Arc Prince George’s County Benefits Enrollment Center**

https://www.thearcofpgc.org/resources/benefits-enrollment-center/

**HEALTH CARE**

**PGC Health Department**

https://www.princegeorgescountymd.gov/1588/Health-Services

**Children’s National Adolescent and Young Adult Medicine**

https://childrensnational.org/departments/adolescent-and-young-adult-medicine

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**CONTINUED ON BACK**

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**The Arc Prince George’s County**

ph: 301.925.7050 ext.307
e: mclark@thearcofpgc.org
w: www.thearcofpgc.org

Achieve with us:
These resources are provided to assist with medical transition planning to adult healthcare. Information provided by the Ready 2B Healthy Transitioning Youth Initiative.

211 Maryland
https://211md.org

HEALTH INFORMATION
Maryland Access Point

Kennedy Krieger Resource Finder
https://www.kennedykrieger.org/community/initiatives/resource-finder

Children’s National Parent Navigator Program Primary Care/Complex Care
https://childrensnational.org/visit/resources-for-families/family-services/parent-navigator-program

MD Health Benefit Exchange (MHBE)
Marylandhbe.com
855.642.8572

MD Behavioral Health Administration (BHA)
Bha.health.maryland.gov
410.767.6500

MD Office for Genetics & People with Special Health Care Needs
phpa.health.maryland.gov/genetics
410.767.6730

Children & Youth with Special Health Care Needs Resource Locator
Specialneeds.dhmh.maryland.gov

HEALTH INSURANCE
Maryland Health Connection
https://www.marylandhealthconnection.gov

HEALTH INSURANCE INFORMATION
Medicare
https://mhcc.maryland.gov/consumerinfo/longtermcare/Medicare.aspx

Medicaid
https://mmcp.health.maryland.gov/Pages/home.aspx

HEALTH SERVICES
PGC Healthy Teen Center
https://www.princegeorgescountymd.gov/2831/Healthy-Teens-and-Young-Adults-Center

MENTAL HEALTH
NAMI Prince George’s County
https://www.namipgc.org/

MD Coalition of Families
http://www.mdcoalition.org/

Mental Health Association of MD
mhamd.org
800.572.6424

SUBSTANCE ABUSE
MD Crisis Hotline
https://beforeitstoolate.maryland.gov/

MANAGED CARE ORGANIZATIONS (MCO’s)
Aetna Better Health
866.827.2710

AMERIGROUP Community Care
800.600.4441

Jai Medical Systems
888.524.1999

Kaiser Permanente
855.249.5019

Maryland Physicians Care
800.953.8854

MedStar Family Choice
888.404.3549

Priority Partners
800.654.9728

United Healthcare Community Plan
800.318.8821

University of Maryland Health Partners
800.730.8530

Qlarant Foundation

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