

Person Centered Plan

Your story:

- family history,
- special events in your life
- stories about you
- defining moments
- people who are special to you
- contributions, valued roles

What would people say about you?

- Every person contributing to the plan should answer this. What are the first things you think of when you hear my name?

How do you communicate?

- Information on communication systems
- Assistive technology
- Communication styles
- Nonverbal messages

Interests:

- What kinds of activities put a smile on your face?
- What are you most happy doing?
- What are you most likely to pay attention to?
- What kinds of activities motivate you?

Preferences/Choices:

- What choices do you make that are important to you?
- What are some of your preferences related to how people act with you?
- What settings do you prefer?

Non-negotiables:

- Things you dislike
- What would make for a bad day?

Who's got your back?

- Who is on your team? Who helps you out, supports you?
- Who gives you new ideas, encourages you?

What do people need to know to support you?

New things you have learned about yourself:

Dreams and Goals

Risks and Challenges

Work Experience