TAKE CONTROL Summit
Helping Caregivers Navigate through Future and Financial Planning

RESOURCE GUIDE
AUGUST 2019-AUGUST 2020
Benefits Enrollment Center
for People with Disabilities

PRINCE GEORGE’S COUNTY RESIDENTS AGES 18 YEARS OLD AND UP

What Does the Center Do:

- Educate Community Stakeholders, Families and Persons with Disabilities about available benefits.
- Screens to determine eligibility for multiple federal, state and private benefits.
- Assists with completing and submitting applications.

Types of FREE Benefits you may enroll in:

- **Supplemental Nutrition Assistance Program (SNAP):** provides credits on electronic cards enabling recipients to buy nutritious food at participating stores.
- **Low Income Home Energy Assistance Program (LIHEAP):** assists qualified individuals with their home heating and cooling costs.
- **Life Line Program:** Federal Program provides a monthly benefit on home or wireless phone.
- **Supplemental Security Income (SSI):** provides cash to meet basic needs for food clothing, and shelter.
- **Metro Access:** Reduced fare program for public transportation.

Call Today to Schedule an Enrollment Application Appointment and Leave with your FREE Screening Guide!

ASK FOR BENEFITS

301-925-7050 ext. 267

or email membership@thearcofpgc.org
Dear Arc of PGC Members, Supporters and Friends:

Access to the right information is the key to planning a successful future!

That’s why we are excited to introduce the Take Control Summit and Resource Guide, a program and directory created to help caregivers navigate through future and financial planning.

We understand the importance of future planning, especially for families with members who have special needs. It is our hope that the Summit and Resource Guide will help you:

• Take Control by identifying your Future Planning Team
• Take Control by preparing for every stage of your and your love-one’s life
• Take Control by addressing all the unique and complex planning considerations
• Take Control by maximizing both public and personal resources

Family and Friends, please know that we will continue to be a resource and advocate, providing guidance and leadership in your journey to plan for your love-one’s future.

Sincerely,

Rob Malone
Executive Director

RESOURCE GUIDE CONTENTS

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Creating Community
For All

We do this through our....

• Therapeutic, educational and recreational programs that include: Adaptive Art, Adaptive Martial Arts, Adult Literacy & Reading, Cardio Kickboxing Fitness, Computer Skills, Creative Movements/Dancing, Daily Living Skills, Health and Wellness, Life Skill Training, Music Enrichment and ZamDance.

• Workshops that aid and support our members including: Brunch Bunch, Self Direction Connection and Annual Wellness Expo.

• Social Events to promote full inclusion especially with our FREE Bingo and Movie Nights.

• Community Engagement activities as we host and offer meeting venues for our community partners with Art Shows, IEP clinics, fitness, advocacy and more.

Established in 2015, PGCR strives to support its members, looking for inclusive ways to engage them in community life. We are always seeking new partnerships, instructors and spaces to create programs, that address the needs of our members created by gaps in other services.

We are not financially subsidized so we rely on donations and fund raising to meet our needs. All donations are tax deductible and help us to provide scholarships for our program participants.

For more information please call us or visit, website or send us an email

301-442-3708
www.PGCR.org or PRozanski@PGCR.org
### FAMILY SUPPORT

**Parents of Children with Down Syndrome**

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<tr>
<th>WEBSITE</th>
<th>TELEPHONE</th>
<th>EMAIL</th>
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<tbody>
<tr>
<td>podsofpgc.org</td>
<td></td>
<td><a href="mailto:podsofpgc@gmail.com">podsofpgc@gmail.com</a></td>
</tr>
</tbody>
</table>

**Special Education Citizen Advisory Committee (SECAC)**

<table>
<thead>
<tr>
<th>WEBSITE</th>
<th>TELEPHONE</th>
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<tbody>
<tr>
<td>secacpg.org</td>
<td>301-431-5675</td>
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**Adults Developmental Disabilities Advisory Committee (ADDAC)**

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<th>WEBSITE</th>
<th>TELEPHONE</th>
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<tbody>
<tr>
<td></td>
<td><a href="mailto:ADDCACP@aol.com">ADDCACP@aol.com</a></td>
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**One World Center for Autism**

<table>
<thead>
<tr>
<th>WEBSITE</th>
<th>TELEPHONE</th>
<th>EMAIL</th>
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</thead>
<tbody>
<tr>
<td>worldforautism.org</td>
<td>301-618-8395</td>
<td><a href="mailto:info@worldforautism.org">info@worldforautism.org</a></td>
</tr>
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**Roberta’s House Family Grief Support Center**

<table>
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<tr>
<th>WEBSITE</th>
<th>TELEPHONE</th>
<th>EMAIL</th>
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<tbody>
<tr>
<td>robertashouse.org</td>
<td>301-880-5100</td>
<td><a href="mailto:info@robertashouse.org">info@robertashouse.org</a></td>
</tr>
</tbody>
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**Maryland Sibling Network**

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<tr>
<th>WEBSITE</th>
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<tr>
<td>mdsibs.com</td>
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**MD Coalition of Families**

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<tr>
<th>WEBSITE</th>
<th>TELEPHONE</th>
<th>EMAIL</th>
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<tbody>
<tr>
<td>mdcoalition.org</td>
<td>410-730-8267</td>
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**NAMI**

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<tr>
<th>WEBSITE</th>
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<th>EMAIL</th>
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<tbody>
<tr>
<td>namipgc.org</td>
<td>301-429-0970</td>
<td><a href="mailto:nami.pgmd1@gmail.com">nami.pgmd1@gmail.com</a></td>
</tr>
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</table>
### Archdiocese of Washington

<table>
<thead>
<tr>
<th>WEBSITE</th>
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</thead>
<tbody>
<tr>
<td>adw.org</td>
<td>301-853-4500</td>
<td><a href="mailto:specialneedsministry@adw.org">specialneedsministry@adw.org</a></td>
</tr>
</tbody>
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### First Baptist Church of Glenarden

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<tr>
<th>WEBSITE</th>
<th>TELEPHONE</th>
<th>EMAIL</th>
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</thead>
<tbody>
<tr>
<td>fbcglenarden.org</td>
<td>301-773-3600</td>
<td><a href="mailto:praisefbcglenarden@gmail.com">praisefbcglenarden@gmail.com</a></td>
</tr>
</tbody>
</table>

### The Gathering Place

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<tr>
<th>WEBSITE</th>
<th>TELEPHONE</th>
<th>EMAIL</th>
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</thead>
<tbody>
<tr>
<td>thegatheringplacemd.org</td>
<td>301-262-4141</td>
<td><a href="mailto:TGPweb24@gmail.com">TGPweb24@gmail.com</a></td>
</tr>
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### MD Family Network

<table>
<thead>
<tr>
<th>WEBSITE</th>
<th>TELEPHONE</th>
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<tbody>
<tr>
<td>marylandfamilynetwork.org</td>
<td>410-659-7701</td>
</tr>
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### TRANSPORTATION

#### Metro Access Paratransit

<table>
<thead>
<tr>
<th>WEBSITE</th>
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<tbody>
<tr>
<td>wmata.com</td>
<td>202-962-2686</td>
</tr>
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#### Abilities Ride

<table>
<thead>
<tr>
<th>WEBSITE</th>
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<tbody>
<tr>
<td>Armonusa.com</td>
<td>301-431-5675</td>
</tr>
<tr>
<td>coachtransportation.com</td>
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#### The Bus

<table>
<thead>
<tr>
<th>WEBSITE</th>
<th>TELEPHONE</th>
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<tr>
<td>princegeorgescountymd.org</td>
<td></td>
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#### Call-A-Bus

<table>
<thead>
<tr>
<th>WEBSITE</th>
<th>TELEPHONE</th>
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<tbody>
<tr>
<td>princegeorgescountymd.gov</td>
<td>301-883-5656</td>
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</table>

A New Church That is Intentionally Inclusive to Individuals and Families with Special Needs or are Differently Abled.

Meets every Sunday afternoon from 1:30 PM to 3:00 PM
6510 Laurel Bowie Rd

Includes:

- Weekly ministry for Children, Transitional Adults and Adults (The Zone and The Children’s Zone)
- Quarterly Fellowships (1st Sunday for adults who need no support person)
- Monthly Family Worship (3rd Sunday)
- Monthly Parent Bible Study Support Groups
- Regular Community Outreach Events

Website: thegatheringplacemd.org

For more information email Pastor Tommy Rowe
thegatheringplacemd@gmail.com
## AUTISM

### One World Center for Autism

<table>
<thead>
<tr>
<th>WEBSITE</th>
<th>TELEPHONE</th>
<th>EMAIL</th>
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<tbody>
<tr>
<td>worldforautism.org</td>
<td>301-618-8395</td>
<td><a href="mailto:info@worldforautism.org">info@worldforautism.org</a></td>
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### Autism Waiver

<table>
<thead>
<tr>
<th>WEBSITE</th>
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<tbody>
<tr>
<td>thearcofpgc.org/our-programs/children-and-youth/autism-waiver/</td>
<td>301-925-7050</td>
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### Pathfinder for Autism

<table>
<thead>
<tr>
<th>WEBSITE</th>
<th>TELEPHONE</th>
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<tbody>
<tr>
<td>pathfindersforautism.org</td>
<td>443-330-5341</td>
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### Adults Developmental Disabilities Advisory Committee (ADDAC)

<table>
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<tr>
<th>WEBSITE</th>
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<td><a href="mailto:ADDCACP@aol.com">ADDCACP@aol.com</a></td>
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### Camp Blue Summer Camp Scholarship

<table>
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<tr>
<th>WEBSITE</th>
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<tr>
<td>pgparks.com/684/Camp-Bling-for-Blue-Scholarship</td>
<td>301-699-2255</td>
<td><a href="mailto:customerservice@pgparks.com">customerservice@pgparks.com</a></td>
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### Autism Speaks 100 Day

<table>
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<tr>
<th>WEBSITE</th>
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<tr>
<td>autismspeaks.org/</td>
<td></td>
<td><a href="mailto:familyservices@autismspeaks.org">familyservices@autismspeaks.org</a></td>
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### Parents Helping Parents Together

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<tr>
<th>WEBSITE</th>
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<tr>
<td>Parentshelpingparents.org</td>
<td>301-531-5153</td>
<td><a href="mailto:Parentshelpngparents4miller@gmail.com">Parentshelpngparents4miller@gmail.com</a></td>
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### Kennedy Krieger Center for Autism and Related Disorders

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<th>WEBSITE</th>
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<tr>
<td>kennedykrieger.org/patient-care/centers-and-programs/center-for-autism-and-related-disorders</td>
<td>443-923-7630</td>
<td></td>
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</table>
Department of Family Services
State Health Insurance Assistance Program

\textit{presents}

"Introduction to Medicare"

The Department of Family Services hosts free Medicare seminars!

\textbf{WHEN:} The First Tuesday of each month
10:00 am to 12:00 pm

\textbf{WHERE:} 6420 Allentown Road
Camp Springs, MD 20748
(Conference Room West)

\textbf{RSVP:}
Desirée Williams 301-265-8450
dmwilliams@co.pg.md.us
RESPITE CARE
First Baptist Church of Glenarden
600 Watkins Park Drive
Upper Marlboro, MD 20774
301-773-3600
specialneeds@fbcglenarden.org

Buddy Break Schedule
Every 4th Saturday
10 a.m.–1 p.m.

Note the schedule is subject to change.
Please contact ministry for more details.

We invite you to visit Buddy Break.
To register go to www.nahanielshope.org and complete the online VIP Family info form.
FBCG is the host site.
To reserve space at FBCG email us at specialneeds@fbcglenarden.org for details.

*Buddy Break is a special gift for parents of children who are able to participate! The kids find a place where they fit right in, are cared for, and loved in ways that sometimes parents are not able to provide because they are exhausted. The VIP gets to play with their Buddy and their siblings get to talk to other children, who like them live with a sibling that requires special attention. Parents have “me” time to do whatever comes natural and necessary at the time.

Kirk Lynn CLU LTCP LUTCF, Agent
2431 Crofton Lane Ste 13
Crofton, MD 21114
Bus: 410-721-1800
www.kirklynnagency.com

State Farm® has a long tradition of being there. That’s one reason why I’m proud to support The ARC of Prince George's County.

Here to help life go right.*
### Autism Society

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<th>WEBSITE</th>
<th>TELEPHONE</th>
<th>EMAIL</th>
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<tr>
<td>autism-society.org/</td>
<td>1-800-328-8476</td>
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### Children’s National Health System Center for Autism Spectrum Disorder

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<th>WEBSITE</th>
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<tr>
<td>childrensnational.org</td>
<td>301-765-5430</td>
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### Autism FYI

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<tr>
<td>autismfyi.org</td>
<td>301-367-1042</td>
<td><a href="mailto:admin@autismfyi.org">admin@autismfyi.org</a></td>
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### RESPITE

#### PG County Respite

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<tr>
<td>princegeorgescountymd.gov</td>
<td>301-909-2091</td>
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#### Buddy Break Nathaniel’s Hope

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<tr>
<td>nathanielshope.org</td>
<td>301-773-3600</td>
<td><a href="mailto:specialneeds@fbcglenarden.org">specialneeds@fbcglenarden.org</a></td>
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#### One World Center for Autism

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#### Emergency Respite Services

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<tr>
<td>marylandrespitecoalition.org</td>
<td>410-323-1700</td>
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</table>
Planning Now: A Futures and Estate Planning Guide for Families of Children and Adults with Developmental Disabilities

Future and estates planning includes envisioning a desired future for your child. Planning Now discusses the importance of planning and provides essential information, suggestions, and a framework for planning.

It is very important to plan regardless of the type and severity of your child’s disability, the makeup of your family, or the amount of money you have.

Planning Now considers some basic questions, including:

♦ How can families assist their adult children now, or their minor children in the future when they enter adulthood, to live where and with whom they want with the support they need?

♦ How can parents or other relatives, during their lifetimes or upon their death, help their loved one with a disability?

♦ How can they avoid jeopardizing essential public medical and financial benefits (like Supplemental Security Income and Medicaid)?

Planning Now explains important issues and ideas to consider; provides a basic understanding of financial, legal, and planning tools to help organize and develop a plan; and explains how to select and work effectively with professionals.

Electronic and print versions are available for free.

www.md-council.org | info@md-council.org | Phone: 410.767.3670

Spanish version available.
Publication is available in alternative formats upon request.
FUTURE PLANNING

MD Planning Now Guide
WEBSITE | TELEPHONE | EMAIL
--------|-----------|--------
md-council.org | 410-767-3670 | info@md-council.org

PGC Register of Wills
WEBSITE | TELEPHONE | EMAIL
--------|-----------|--------
registers.maryland.gov | 301-952-3250 |

The Arc US Center for Future Planning
WEBSITE | TELEPHONE | EMAIL
--------|-----------|--------
futureplanningthearc.org | 202-617-3268 |

DC Quality Trust
WEBSITE | TELEPHONE | EMAIL
--------|-----------|--------
dcqualitytrust.org | 202-448-1450 | info@dcqualitytrust.org

Special Needs Alliance
WEBSITE | TELEPHONE | EMAIL
--------|-----------|--------
specialneedsalliance.org | |

By Their Side, Inc.
WEBSITE | TELEPHONE | EMAIL
--------|-----------|--------
bytheirsid.org | 443-279-1234 | info@bytheirsid.org

SinclairProsser Law
WEBSITE | TELEPHONE | EMAIL
--------|-----------|--------
sinclairprosserlaw.com | 410-573-4818 | |

Maryland ABLE
WEBSITE | TELEPHONE | EMAIL
--------|-----------|--------
marylandable.org | 1-855-563-2253 |

Shared Horizons

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<td>shared-horizons.org</td>
<td>202-448-1460</td>
<td><a href="mailto:info@shared-horizons.org">info@shared-horizons.org</a></td>
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Law Office of Cheryl Chapman Henderson, LLC

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<tr>
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<tr>
<td>hendersonlaw4god.com</td>
<td>301-220-4463</td>
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CITIZENSHIP & ADVOCACY

People on the Go Maryland

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<tr>
<td>peopleonthegomaryland.com</td>
<td>443-923-9593</td>
<td><a href="mailto:ken@pogmd.org">ken@pogmd.org</a></td>
</tr>
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Estate Planning and Elder Law Attorneys SinclairProsser Law

- Health Care Directives
- Special Needs Planning
- Medicaid Planning
- Probate
- Guardianship
- Wills and Trusts
- Retirement
- Estate Administration
- Disability Planning
- Asset Protection
- Prenuptial Agreements
- FREE Educational Seminars

SEMINARY ATTENDANCE ENTITLES YOU TO A FREE ONE-HOUR CONSULTATION.

Offices in Annapolis, Bowie, Millersville and Waldorf

(410)573-4818 or (301)970-8080

Learn more about your estate planning options and our services by visiting our website:

www.sinclairprosserlaw.com
The Arc Maryland

WEBSITE | TELEPHONE | EMAIL
---------|------------|--------
thearcmd.org | 410-571-9320 | 

Independence Now

WEBSITE | TELEPHONE | EMAIL
---------|------------|--------
innow.org | 301-277-2839 | info@innow.org 

Parents Place of MD

WEBSITE | TELEPHONE | EMAIL
---------|------------|--------
ppmd.org | 1-800-394-5694 | 

Disability Rights MD

WEBSITE | TELEPHONE | EMAIL
---------|------------|--------
disabilityrightsmd.org | 410-727-6352 | feedback@disabilityrightsmd.org 

MD Developmental Disabilities Council

WEBSITE | TELEPHONE | EMAIL
---------|------------|--------
md-council.org | 410-767-3670 | info@md-council.org 

Legal Aid Bureau

WEBSITE | TELEPHONE | EMAIL
---------|------------|--------
mdlab.org | 301-927-6800 | 

HEALTHY LIVING

Prince George’s Parks and Recreation Special Programs Division

WEBSITE | TELEPHONE | EMAIL
---------|------------|--------
mncppc.org | 301-446-3400 | ijeoma.eke@pgparks.com 

PGC Special Olympics

WEBSITE | TELEPHONE | EMAIL
---------|------------|--------
somd.org | 

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<tr>
<th>Service</th>
<th>Website</th>
<th>Telephone</th>
<th>Email</th>
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<td>SPIRIT Club</td>
<td>spirit-club.com</td>
<td>303-883-4364</td>
<td><a href="mailto:jciner@spirit-club.com">jciner@spirit-club.com</a></td>
</tr>
<tr>
<td>Prince George's Community Resources (PGCR)</td>
<td>PGCR.org</td>
<td>301-442-3708</td>
<td><a href="mailto:pgcremail@gmail.com">pgcremail@gmail.com</a></td>
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<tr>
<td>Hispanic Community Resources</td>
<td>cdrh.org</td>
<td></td>
<td><a href="mailto:coderehisp@gmail.com">coderehisp@gmail.com</a></td>
</tr>
<tr>
<td>Children Developmental Clinic</td>
<td>pgcc.edu</td>
<td>301-546-0519</td>
<td><a href="mailto:gagnonsl@pgcc.edu">gagnonsl@pgcc.edu</a></td>
</tr>
<tr>
<td>The Healing Farm and Miss Nicole’s Horseback Riding</td>
<td>sites.google.com/site/missnicolesandthehealingfarm/</td>
<td>240-417-0981</td>
<td><a href="mailto:farmerkurtz@aol.com">farmerkurtz@aol.com</a></td>
</tr>
<tr>
<td>Children &amp; Youth w/ Special Health Care Needs Resource Locator</td>
<td>Specialneeds.dhmh.maryland.gov</td>
<td></td>
<td></td>
</tr>
<tr>
<td>MD Medicaid</td>
<td>mmcp.health.maryland.gov</td>
<td>1-855-642-8572</td>
<td></td>
</tr>
<tr>
<td>Children’s National Health System</td>
<td>childrensnational.org</td>
<td>202-476-5000</td>
<td></td>
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</tbody>
</table>
We Congratulate
The Arc of Prince George’s County on
Your Inaugural
TAKE CONTROL SUMMIT
Helping Caregivers Navigate through
Future and Financial Planning

We wish you much success with this extremely important educational and networking summit, benefiting families and caregivers!

Shared Horizons, Inc. is a nonprofit organization dedicated to improving the quality of life for people with disabilities through special needs trust administration and by providing grants through our Charitable Fund.

For more information on our special needs trust options for people with disabilities in the capital region call
202-448-1460

or visit our website
www.shared-horizons.org
# Employment

## Division Of Rehabilitation Services (DORS)

<table>
<thead>
<tr>
<th>WEBSITE</th>
<th>TELEPHONE</th>
<th>EMAIL</th>
</tr>
</thead>
<tbody>
<tr>
<td>dors.state.md.us/dors</td>
<td>Lanham 301-306-3600</td>
<td><a href="mailto:Lanham.dors@maryland.gov">Lanham.dors@maryland.gov</a></td>
</tr>
<tr>
<td></td>
<td>Oxon Hill 301-749-4660</td>
<td><a href="mailto:Suitland.dors@maryland.gov">Suitland.dors@maryland.gov</a></td>
</tr>
</tbody>
</table>

## Career One-Stop Center

<table>
<thead>
<tr>
<th>WEBSITE</th>
<th>TELEPHONE</th>
<th>EMAIL</th>
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<tbody>
<tr>
<td>careeronestop.org dllr.state.md.us</td>
<td>301-618-8400</td>
<td><a href="mailto:dlwdallargo-dllr@maryland.gov">dlwdallargo-dllr@maryland.gov</a></td>
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</tbody>
</table>

## The Arc Employment Services

<table>
<thead>
<tr>
<th>WEBSITE</th>
<th>TELEPHONE</th>
<th>EMAIL</th>
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<tbody>
<tr>
<td>thearcopgc.org</td>
<td>301-925-2730ext.223</td>
<td><a href="mailto:dgoins@thearcofpgc.org">dgoins@thearcofpgc.org</a></td>
</tr>
</tbody>
</table>

## The Arc Ready@21

<table>
<thead>
<tr>
<th>WEBSITE</th>
<th>TELEPHONE</th>
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<tbody>
<tr>
<td>thearcopgc.org</td>
<td>301-925-7050ext.307</td>
<td><a href="mailto:mclark@thearcofpgc.org">mclark@thearcofpgc.org</a></td>
</tr>
</tbody>
</table>

## Ticket to Work

<table>
<thead>
<tr>
<th>WEBSITE</th>
<th>TELEPHONE</th>
<th>EMAIL</th>
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<tbody>
<tr>
<td>yourtickettowork.ssa.gov</td>
<td>1-866-968-7842</td>
<td><a href="mailto:support@choosework.ssa.gov">support@choosework.ssa.gov</a></td>
</tr>
</tbody>
</table>

## Project HIRE

<table>
<thead>
<tr>
<th>WEBSITE</th>
<th>TELEPHONE</th>
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<tbody>
<tr>
<td>princegeorgescounty.md.org</td>
<td>301-265-8450</td>
<td><a href="mailto:VFBerkeley@co.pg.md.us">VFBerkeley@co.pg.md.us</a></td>
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# Assistance

## Developmental Disabilities Administration

<table>
<thead>
<tr>
<th>WEBSITE</th>
<th>TELEPHONE</th>
<th>EMAIL</th>
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<tbody>
<tr>
<td>dda.health.maryland.gov</td>
<td>301-362-5100</td>
<td><a href="mailto:smro.dda@maryland.gov">smro.dda@maryland.gov</a></td>
</tr>
</tbody>
</table>
PRE-EMPLOYMENT TRANSITION SERVICES PRESENTS:

READY

@ 21

14 WEEK COURSE

WHO IS IT FOR?
High school students, ages 14-21 with a documented disability. These programs will focus on transitioning from high school into employment. Counseling on opportunities for enrollment into post-secondary.

SERVICES WE OFFER
• Job exploration counseling
• Work-place readiness training
• Instruction in self-advocacy
• Counseling on opportunities for enrollment into post-secondary educational programs
Project HIRE Disability Apprenticeship Program

**Program Overview**
Project HIRE, an apprenticeship program, which provides individuals with developmental and/or intellectual disabilities between the ages of 18 and 25 a meaningful paid job training experience with a Prince George’s County Government agency. Participants will be placed within a Host County agency for a period of one year and during this time they will have an opportunity to enhance current skills, learn new skills, and gain on the job work experience.

**Eligibility**
Program participants must be associated with a Supportive Employment Provider Agency
- Prince George’s County Resident with an intellectual or developmental disability
- 18-25 years of age
- Available to work Monday through Friday for a maximum of 8 hours

**Examples of Assignments**
- Data Entry
- Copy documents
- Organize and distribute supplies
- Care for animals
- Answer phones
- Account Clerk
- Custodian
- Receptionist
- File documents

**How to Enroll**
Contact your Supportive Employment Provider Agency and they will share the existing vacancies. Potential apprentices will select from a list of vacancies and with the assistance of their respective Supportive Employment Provider they will complete the Project HIRE application.
<table>
<thead>
<tr>
<th><strong>Social Security Administration</strong></th>
<th><strong>WEBSITE</strong></th>
<th><strong>TELEPHONE</strong></th>
<th><strong>EMAIL</strong></th>
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<tbody>
<tr>
<td>ssagov</td>
<td>1-800-772-1213</td>
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<tr>
<th><strong>Low-Intensity Support Services</strong></th>
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<tbody>
<tr>
<td>marylandcommunityconnections.org</td>
<td>301-583-0358</td>
<td><a href="mailto:info@marylandcommunityconnections.com">info@marylandcommunityconnections.com</a></td>
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<tr>
<th><strong>MD Energy Assistance Program</strong></th>
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<tbody>
<tr>
<td>dhs.maryland.gov</td>
<td>1-800-332-6347</td>
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<tr>
<th><strong>The Arc Prince George's County Benefits Enrollment Center</strong></th>
<th><strong>WEBSITE</strong></th>
<th><strong>TELEPHONE</strong></th>
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<tbody>
<tr>
<td>thearcofpgc.org</td>
<td>301-925-7050 ext.267</td>
<td><a href="mailto:membership@thearcofpgc.org">membership@thearcofpgc.org</a></td>
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<tr>
<th><strong>V-LINC</strong></th>
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<tr>
<td>v-linc.org</td>
<td></td>
<td>410-554-9134</td>
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**USEFUL RESOURCES**

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<thead>
<tr>
<th><strong>Prince George's County Infants &amp; Toddler Program</strong></th>
<th><strong>WEBSITE</strong></th>
<th><strong>TELEPHONE</strong></th>
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<tbody>
<tr>
<td>www1.pgcps.org</td>
<td>301-925-1985</td>
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<tr>
<th><strong>Prince George's County Memorial Library System</strong></th>
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<tr>
<td>pgcmls.info</td>
<td>301-699-3500</td>
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<tr>
<th><strong>Prince George's County Public Schools Family Support Center</strong></th>
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<th><strong>TELEPHONE</strong></th>
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<tbody>
<tr>
<td>www1.pgcps.org</td>
<td>301-431-5675</td>
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### Prince George's County Financial Empowerment Center

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<th>WEBSITE</th>
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<tr>
<td>pgcc.edu/go/fec</td>
<td>301-546-5296</td>
<td><a href="mailto:fec@pgcc.edu">fec@pgcc.edu</a></td>
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### Prince George's County Child Resource Center

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<thead>
<tr>
<th>WEBSITE</th>
<th>TELEPHONE</th>
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<tbody>
<tr>
<td>childresource.org</td>
<td>1-877-261-0060</td>
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### PGC Family Services Disability Information Referral

<table>
<thead>
<tr>
<th>WEBSITE</th>
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<tbody>
<tr>
<td>princegeorgescountymd.gov</td>
<td>301-265-8450</td>
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### PGC State Information Health Insurance Assistance program

<table>
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<tr>
<th>WEBSITE</th>
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<tr>
<td>princegeorgescountymd.gov</td>
<td>301-265-8450</td>
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### MD Relay

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<tr>
<th>WEBSITE</th>
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<tbody>
<tr>
<td>doitmaryland.gov</td>
<td>1-800-552-7724</td>
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### MD Technology Assistance Program

<table>
<thead>
<tr>
<th>WEBSITE</th>
<th>TELEPHONE</th>
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<tbody>
<tr>
<td>mdtap.org</td>
<td>1-800-832-4827</td>
<td></td>
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</table>

### MD Department of Disabilities

<table>
<thead>
<tr>
<th>WEBSITE</th>
<th>TELEPHONE</th>
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<tbody>
<tr>
<td>mdod.maryland.gov</td>
<td>410-767-3660</td>
<td></td>
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### Prince George's Crisis Center (CCSI)

<table>
<thead>
<tr>
<th>WEBSITE</th>
<th>TELEPHONE</th>
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<tbody>
<tr>
<td>communitycrisis.org</td>
<td>301-864-7161</td>
<td>1800-273-TALK (8255)</td>
</tr>
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</table>

### Best Buddies Maryland

<table>
<thead>
<tr>
<th>WEBSITE</th>
<th>TELEPHONE</th>
<th>EMAIL</th>
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<tbody>
<tr>
<td>bestbuddies.org</td>
<td>410-327-9812</td>
<td></td>
</tr>
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</table>
Are You Ready !!!

TRANSITIONING YOUTH

Membership:
Provides information, referrals, and member-only education sessions on disability benefits, services, advocacy issues that focus on essential life span support.

Transition 101:
Provides parent education training on transition components from school to adult life.

Arc Shop:
Provides Arc member training on future and life planning topics for persons with disabilities.

Benefits Enrollment Center (BEC)
Provides services to educate, screen and assist persons who are 18 and above for core federal benefits and community resources.

Ready@21
Provides Pre-Employment Training that support transitioning youth ages 14-21 from school to employment.

CONTACT

Melonee Clark
301-925-7050 ext. 307
email:mclark@thearcofpgc.org

Toni Feagan
301-925-7050 ext. 267
email:afeagan@thearcofpgc.org
WE EQUIP HOMEBUYERS WITH STEP BY STEP KNOWLEDGE AND DIRECTION IN AFFORDABLE HOUSING PROGRAMS AND EQUITY BUILDUP.

WE EQUIP SELLERS WITH SELLING THEIR PRIMARY RESIDENCE OR INVESTMENT PROPERTIES.

WE SPECIALIZE IN HELPING DISABLED HOMEBUYERS IN MARYLAND THROUGH THE HOMEABILITY PROGRAM.

CALL FOR A FREE CONSULTATION!

CONTACT US
1300 Morene Ilas, Upper Marlboro, MD 20774
Direct: 501-278-8421
Office: 301-800-3891
thelpgroup@gmail.com

THE LLP GROUP
Where Dreams Come True

DO YOU HAVE A DISABILITY OR SPECIAL HEALTH CARE NEED?
Do you care for or love someone who does?

- FREE Wheelchair Inspection & Repair
- Durable Medical Equipment
- Personal Care Products
- Services & Agencies
- Entertainment
- So Much More!

WORLD OF POSSIBILITIES DISABILITIES EXPO

May 2, 2020 • 11am - 4pm
Prince George’s Sports & Learning Complex • Landover, MD
$3.00 Per Person at the door • Free Pass Online • www.worldofpossibilities.org

A service of Caring Communities
www.caringcommunities.org
A 501c3 Charitable Organization
The Department of Parks and Recreation provides a full continuum of comprehensive recreation and leisure services for all ages and abilities. We welcome, encourage and support the participation of individuals with and without disabilities in programs and services of their CHOICE.

SAVE THE DATE! Join us for the 3rd annual SPROUT FILM FESTIVAL, making the invisible visible! Wednesday, October 16, 2019 at the M-NCPIC Public Playhouse. Tickets are FREE! Reserve your general admission seat in advance beginning August 19, 2019 through the Public Playhouse.

Don’t miss this opportunity for two amazing screenings!

11:00 am-12:00 noon (doors open at 10:30 am)
7:00-8:00 pm (doors open at 6:30 pm)

Supported by the Maryland State Arts Council.

For more information about M-NCPIC Disability Services contact our team at
The Special Programs Division at 301-446-3400.

www.MNCPPC.org
The Department of Special Needs Ministries invites all persons with Special Needs and their families to experience, throughout their lifespan, their essential belonging to the Body of Christ. We work with clergy and families as well as other partners to encourage people with special needs to participate fully in their parishes and communities.

Who we serve:

- Persons who are Deaf and Deaf Blind
- Gallaudet University Chaplaincy; St. Francis Deaf Catholic Church and local ASL- interpreted parishes
- Persons who are Low Vision or Blind
- Persons with Disabilities—physical, developmental, intellectual or sensory disabilities
- Families receiving an unexpected prenatal diagnosis of disability or lethal condition
- Persons with mental illness
- Veterans with Service-related disability

Contact us at:
301-853-4560
240-200-5430 (VP)
https://adw.org/living-the-faith/special-needs/
https://www.facebook.com/specialneedsministry/
@ADWSNM
# Autism Waiver

## Services
- Respite Care
- Environmental Accessibility Adaptations
- Family Consultation
- Residential Habilitation
- Intensive Individual Support Services
- Therapeutic Integration
- Adult Life Planning

Waiver participants are also eligible to receive Medicaid services which include:

- Physician and Hospital Care
- Pharmacy
- Home Health
- Laboratory Services
- Disposable Medical Supplies and Durable Medical Equipment
- Mental Health Services
- Payment of Medicare premiums, co-payments, and deductibles

## Who Should Apply?

Maryland children with autism, ages 2 through 21, who need an Intermediate Care Facility for the Intellectually Disabled (ICF-ID) level of care.

## Eligibility Guidelines

**Medical and Technical Criteria**
- Individuals must be certified as needing services from an ICF-ID.
- Must have an Individual Family Service Plan (IFSP) or Individualized Education Program (IEP) with 15 hours of special education and related services
- Must be able to be served in the home and community with Autism Waiver services
- Must meet additional Autism Waiver medical and technical eligibility criteria

**Financial Criteria**
- An individual’s income and assets are reviewed to determine financial eligibility for Medical Assistance.
- The child’s monthly income may not exceed 300% of SSI benefits, and the countable assets may not exceed $2,000 or $2500 (depending on eligibility category)

## Persons Interested Should:

Apply for future services by contacting the Waiver Services Registry at **1-866-417-3480**. The Waiver Services Registry is a list of individuals interested in waiver services.

For more information regarding the Autism Waiver, contact the Maryland State Department of Education at **410-767-1446**.

---

Dr. Lillian M. Lowery  
Superintendent of Schools  
www.MarylandPublicSchools.org

Van T. Mitchell  
Secretary  
www.dhmh.maryland.gov
### Community First Choice

Maryland’s Community First Choice option provides community services and supports to enable older adults and people with disabilities to live in their own homes.

#### AVAILABLE COMMUNITY FIRST CHOICE SERVICES
- Personal Assistance Services
- Supports Planning
- Nurse Monitoring
- Personal Emergency Response Systems
- Technology
- Assistive Technology
- Environmental Assessments
- Accessibility Adaptations
- Consumer Training
- Transition Services
- Home Delivered Meals

CFC Participants are also eligible to receive other Medicaid services which may include:
- Physician and Hospital Care
- Pharmacy
- Home Health
- Laboratory Services
- Mental Health Services
- Disposable Medical Supplies
- Durable Medical Equipment

#### WHO SHOULD APPLY
Maryland residents who need support with activities of daily living, such as bathing, grooming, dressing, and getting around.

#### ELIGIBILITY GUIDELINES

**Medical and Technical Criteria**
- Individuals must reside in the community.
- Individuals must meet the level of care required to qualify for services in an institution.

**Financial Criteria**
- Individuals must qualify for Medicaid in the community.
- Individuals can apply for Medicaid at anytime.
- Individuals who receive Supplemental Security Income (SSI) are automatically eligible for Medicaid and do not need to apply.
- Medicaid coverage information can be found at [https://mmcp.health.maryland.gov](https://mmcp.health.maryland.gov)

#### PERSONS INTERESTED SHOULD:
Contact Maryland Access Point at:
1-844-627-5465
HOME AND COMMUNITY-BASED OPTIONS WAIVER

Maryland’s Home and Community-Based Options Waiver provides community services and supports to enable older adults and people with physical disabilities to live in their own homes.

AVAILABLE WAIVER SERVICES

- Assisted Living
- Medical Day Care
- Family Training
- Case Management
- Senior Center Plus
- Dietitian and Nutritionist Services
- Behavioral Consultation

Waiver participants are also eligible to receive Medicaid services which may include:

Community First Choice Services
- Personal Assistance Services
- Supports Planning
- Nurse Monitoring
- Personal Emergency Response Systems
- Assistive Technology
- Environmental Assessments
- Accessibility Adaptations
- Consumer Training
- Transition Services
- Home Delivered Meals

Other Services
- Physician and Hospital Care
- Pharmacy
- Home Health
- Laboratory Services
- Mental Health Services
- Disposable Medical Supplies and Durable Medical Equipment

WHO SHOULD APPLY

Maryland residents who need support with activities of daily living, such as bathing, grooming, dressing, and getting around.

ELIGIBILITY GUIDELINES

Medical and Technical Criteria
- Individuals must be age 18 or older
- Individuals must meet the level of care required to qualify for nursing facility services.

Financial Criteria
- An individual’s income and assets are reviewed to determine financial eligibility for Medical Assistance.
- The monthly income of an individual may not exceed 300% of SSI benefits, and the countable assets may not exceed $2,000 or $2,500 (depending on eligibility category).
- Only the income and assets of the individual (and assets of any spouse) are considered in determining financial eligibility.

PERSONS INTERESTED SHOULD:

If you live in a nursing facility:
Contact Maryland Access Point at: 1-844-627-5465

If you live in the community:
The waiver cannot accept new community applicants at this time. A Service Registry was developed for interested community individuals. For more information, please call Maryland Access Point at: 1-844-627-5465
INCREASED COMMUNITY SERVICES

Maryland’s Increased Community Services program allows eligible individuals in nursing facilities to return to the community and receive services and supports in their own homes.

**Coverage and Benefits**

- Personal Assistance Services
- Supports Planning
- Nurse Monitoring
- Personal Emergency Response Systems
- Assistive Technology
- Environmental Assessments
- Accessibility Adaptations
- Consumer Training
- Transition Services
- Home Delivered Meals
- Assisted Living
- Medical Day Care
- Family Training
- Dietician Nutrition Services
- Behavioral Consultation
- Senior Center Plus

Program participants are also eligible to receive Medicaid services which include:

- Physician and Hospital Care
- Pharmacy
- Home Health
- Laboratory Services
- Disposable Medical Supplies and Durable Medical Equipment
- Payment of Medicare premiums, co-payments, and deductibles

**WHO SHOULD APPLY**

Maryland residents who reside in nursing facilities and would like to receive services in their homes and communities; however, their income is too high for participation in Medicaid Home and Community-Based Options waiver program.

**ELIGIBILITY GUIDELINES**

*Technical Criteria*

- Individuals must be age 18 or older
- Individuals must be currently residing in a nursing facility for at least three (3) months, 30 days of which are eligible to be covered by Medicaid.
- An individual's services in the community may not cost the Medicaid Program more than the individual's services in the nursing facility.
- An individual must not be eligible for an existing Medicaid 1915(c) waiver.

*Medical Criteria*

- Individuals must meet the level of care required to qualify for nursing facility services.

*Financial Criteria*

- An individual participating in the Increased Community Services program shall contribute income in excess of 300% of SSI to the cost of care in the community and must meet the Program’s asset limits ($2,000 or $2,500 depending on eligibility category).

**PERSONS INTERESTED SHOULD:**

Maryland Access Point at: 1-844-627-5465
Waiver for Individuals with Brain Injury

Maryland’s Home and Community-Based Services Waiver for Individuals with Brain injury provides residential habilitation, day habilitation, and supported employment services to adults with brain injuries.

**BRAIN INJURY SERVICES:**
- Residential habilitation
- Day habilitation
- Supported employment
- Individual Support Services
- Case management
- Medical Day Care

Waiver participants are also eligible to receive all Medicaid state plan services which may include:

**Services:**
- Physician and Hospital Care
- Pharmacy
- Home Health
- Laboratory Services
- Mental Health Services
- Disposable Medical Supplies and Durable Medical Equipment
- Payment of Medicare premiums, co-payments, and deductibles

**WHO SHOULD APPLY**
Maryland residents aged 22 through 64 who have been diagnosed with brain injury and meet the following criteria.

**ELIGIBILITY GUIDELINES**

**Medical Criteria:**
- Individuals with brain injury who require a specialty hospital or nursing facility level of care.

**Technical Criteria:**
- Individuals must have experienced the brain injury after the age of 17
- Individuals must be inpatients in a State Mental Hygiene Administration facility, inpatients in a state owned and operated nursing facility, a Maryland licensed Special hospital for Chronic Disease that is CARF accredited for Brain Injury Inpatient Rehabilitation, or individuals who have been placed by Medicaid in an out-of-state facility.

**Financial Criteria**
- An individual’s income and assets are reviewed to determine financial eligibility for Medical Assistance.
- The monthly income of an individual may not exceed $2,163, and the countable assets may not exceed $2,000.
- Only the income and assets of the individual (and assets of any spouse) are considered in determining financial eligibility.

**PERSONS INTERESTED SHOULD:**
Contact MHA’s Office of Adult Service at: 410-402-8476, 1-877-4MD-DHMH or for MD Relay Service 1-800-735-2258 for more information.

---

Lawrence J. Hogan, Jr, Governor
Boyd K. Rutherford, Lt. Governor
Van T. Mitchell, Secretary

Maryland Department of Health Behavioral Health Administration
Office of Adult Services
55 Wade Avenue, Dix Bldg
Catonsville, MD 21228
410-402-8476